

GOAL SETTING MAGIC

SUPPLEMENTAL TOOLS FOR:

*Goal Setting Magic
Makes
Kids' Wishes
Come True*

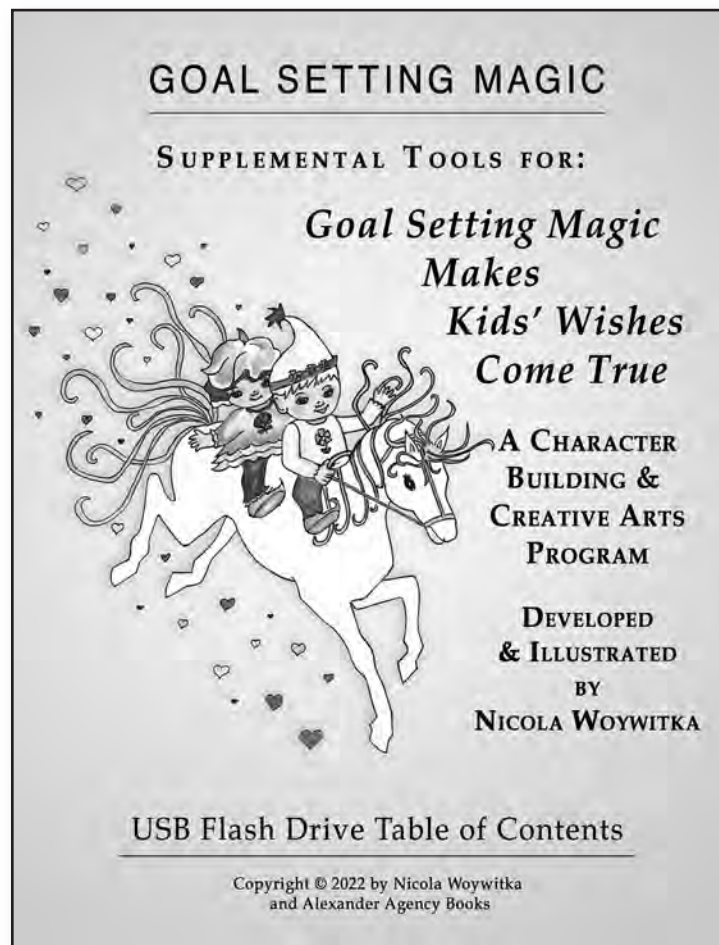
A CHARACTER
BUILDING &
CREATIVE ARTS
PROGRAM

DEVELOPED
& ILLUSTRATED
BY
NICOLA WOYWITKA

USB Flash Drive Table of Contents

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THE GOAL SETTING MAGIC KIT



The Goal Setting Magic Kit includes the printed version of this book plus a USB flash drive containing a PDF version of the book and over 100 color digital images, audio files, and a 3' x 5' mural file. If you already have the book, you can purchase the flash drive separately. The digital PDF version of this book is included for teachers to creatively use to reproduce lesson pages, stories and blackline masters for the children's project books, *My Can-Do Spirit's Real Magic* and *My Can-Do Spirit's Gardening Magic*. The supplemental PDF files of the colored versions of all the book's illustrations can be reproduced and shown for the children's enjoyment as the various activities are introduced. Teachers and parents may wish to print out the pictures for display on a bulletin board or show them on a large computer screen for reference as they proceed through the units.

Includes four audio files:

- 1) Positive Pixie Magic Song
- 2) My Can-Do Spirit's Gardening Magic Story (in children's voices)
- 3) The Alphabet Song (each verse sung 1 time)
- 4) The Alphabet Song (each verse sung 3 times)—An additional resource, fun for children learning to read and spell. It is not part of the Goal Setting Magic program.

The 3' x 5' mural file can be printed in this large format so the children can color it in as they progress.

To purchase paper book, flash drive, or both as the Kit, visit the store at [HeartsCenter.org](https://store.heartscenter.org) (store.heartscenter.org).

Table of Contents for Supplemental Tools for Goal Setting Magic

1. TABLE OF CONTENTS FOR FLASH DRIVE

2. BOOK COVER—*Goal Setting Magic Makes Kids' Wishes Come True* (color)

3. GOAL SETTING MAGIC BOOK (PDF version, 450 pages)

4. TITLE PAGE—*My Can-Do Spirit's Real Magic* (for children's project book)

5. PIXIES, BEST SELF/LITTLE SELF ACTIVITY BAGS

Posie, the Positive Pixie

Rosie, the Positive Pixie

Best Self and Little Self bag items:

- toads and diamonds
- treasure chest
- tree

My Wise Self—Posie

My Wise Self—Rosie

6. FAIRY TALE MURAL (3' x 5')

7. FAIRY TALES

The Little Red Hen

The Sheep and the Pig Build a Home

Shingebiss

Shower of Stars

How the Bunting Got His Colors

The Owl's Answer to Tommy

Who Was the Happiest?

Wee Robin's Christmas Song

The Timid, Foolish, Little Hare

The Rooster and the Sultan

The Snow Maiden

The Ant and the Grasshopper

8. MAGIC RECIPE VIRTUES

I set a goal.

I make a plan.

I choose a winning team.

I act with faith.

I do what is necessary and more.

I act graciously.

I act on my plans.

I think positively.

I am disciplined.

I think with clarity.

I learn from problems.

I use imagination.

I build good habits.

9. ARTSY CRAFTS

The Little Red Hen—paper-weaving basket

The Little Red Hen—the plan

The Sheep and the Pig Build a Home—origami house

Shingebiss—pop-up card - wind exterior

Shingebiss—pop-up card - fire interior

Shower of Stars—sparkle star

How the Bunting Got His Colors—birdhouse book

The Owl's Answer to Tommy—owl cut-out

Who Was the Happiest?—a card (outside)

Who Was the Happiest?—a card (inside)

Wee Robin's Christmas Song—map of journey

The Timid, Foolish, Little Hare—thumbprint art

The Rooster and the Sultan—sultan's money pocket

The Snow Maiden—science experiment

The Ant and the Grasshopper—origami picture frame

10. EYE-MAGIC POWERS

The Little Red Hen—a magician

The Sheep and the Pig Build a Home—5 secret genies

Shingebiss—a fire

Shower of Stars—an invisible cloak

How the Bunting Got His Colors—a magic wand

The Owl's Answer to Tommy—nature spirits

Who Was the Happiest?—a joyful spirit

Wee Robin's Christmas Song—a rod of power

The Timid, Foolish, Little Hare—a helmet

The Rooster and the Sultan—magic words

The Snow Maiden—a snowflake

The Ant and the Grasshopper—a procrastinata sword

11. MY CAN-DO SPIRIT'S GOALS (colored)

I do what is necessary to achieve my goals, Page 1

I do what is necessary to achieve my goals, Page 2

I do what is necessary and MORE! Page 3

12. MY CAN-DO SPIRITS

Star girl, dancing boy

Cowgirl hat girl, turban boy

Tree deva, sun girl

Angel, nature dancer

Dreaming boy, rainbow-rays boy

Meditating boy, starlight girl

13. POSITIVE PIXIE AWARDS

14. REVIEWING THE 12 VIRTUES

Fairy Tale Mural (8 1/2" x 11")

Little Books, Page 1

Little Books, Page 2

Little Books, Page 3

My Can-Do Spirit's Magic Song

Following the Magic Recipe

to Make Blueberry Crisp

Following the Magic Recipe

to Put on a Show

15. TITLE PAGE—*My Can-Do Spirit's Gardening Magic* (for children's garden project book)

16. MY CAN-DO SPIRIT'S GARDENING MAGIC • Part 1

Gardening Magic: I set a goal.

Pixies dramatize. I set a goal.

Gardening Magic: I make a plan.

Pixies dramatize. I make a plan.

Gardening Magic: I choose a winning team.

Pixies dramatize. I choose a winning team.

Gardening Magic: I act with faith.

Pixies dramatize. I act with faith.

Gardening Magic: I do what is necessary and more.

Pixies dramatize. I do what is necessary and more.

Gardening Magic: I act graciously.

Pixies dramatize. I act graciously.

Gardening Magic: I act on my plans.

Pixies dramatize. I act on my plans.

17. MY CAN-DO SPIRIT'S GARDENING MAGIC • Part 2

Gardening Magic: I think positively.

Pixies dramatize. I think positively.

Gardening Magic: I am disciplined.

Pixies dramatize. I am disciplined.

Gardening Magic: I think with clarity.

Pixies dramatize. I think with clarity.

Gardening Magic: I learn from problems.

Pixies dramatize. I learn from problems.

Gardening Magic: I use imagination.

Pixies dramatize. I use imagination.

Gardening Magic: I build good habits.

Pixies dramatize. I build good habits.

18. POSITIVE PIXIE DOLLS

(image of examples, not for sale)

19. AUDIO FILES

• Positive Pixie Magic song

• My Can-Do Spirit's Gardening Magic story

• Alphabet Song, 1x each verse

• Alphabet Song, 3x each verse