

# **What Is The Hearts Center?**

*The Mission  
and Vision  
of a New Spiritual  
Community*



*The  
Hearts Center®*

# **The Hearts Center**

**is a community of dynamic,  
heart-centered people  
who share your desire  
to make our world a better place.**

***We are a global family  
of heartfriends!***

***Visit us at: [www.HeartsCenter.org](http://www.HeartsCenter.org)***

***Call our global center: (630) 894-4410***

***Email us: [friends@heartscenter.org](mailto:friends@heartscenter.org)***

**T**he Hearts Center is a dynamic worldwide movement of spiritual seekers joyously growing in personal self-mastery. We are guided and supported by the timely revelations and inspirational teachings of the ascended masters through David Christopher Lewis, an anointed messenger of the Universal Great White Brotherhood.

These elder brothers and sisters on the path serve as godly examples of selfless living and offer us the unique opportunity to advance in discipleship toward the goal of the ascension. As we each strive to realize enlightenment through our personal God Presence, we fulfill our collective mission as a community of lightbearers to sustain the balance of light upon Earth through our spiritual practices, advanced studies of the wisdom teachings of East and West, and service to life through loving acts of mercy and compassion.

Heartfriends, as we affectionately refer to each other, are tied together by our love for God and the God-flame within each one. We meditate and pray. We breathe spiritual fire. We dance and sing. We gaze at the morning sun and feel its radiance. We live for the light.

**OUR MISSION**—*Within our Hearts Center Community, we realize personal enlightenment through our Higher Self and share the ascended masters' teachings and our love-wisdom throughout the Earth.*

**OUR VISION**—*We live in sustainable Golden-Crystal Age communities in joy and harmony with Mother Nature, using solar sciences of the Spirit. We radiate light, and we live and love as one.*

## **Transforming Ourselves and the Earth**

**W**ith the golden rule as our guiding principle, we strive to live in harmony with each other and with Mother Nature. By recognizing, respecting, and upholding the divinity within all life, we believe that we are doing our part to pave the way for a coming golden-crystal age of enlightenment, freedom, and brother/sisterhood.

We believe that the harmony we embody occurs through maintaining a state of listening grace and attunement with our individualized Divine Presence. In collaboration with heavenly masters, angels, and nature spirits, we are assisted in achieving ever-increasing intimate communion with God. We practice spiritual sciences such as meditation, visualization, and singing and reciting devotional chants, songs, mantras, and prayers, as we commune with the Divine to heighten our attunement and to bless all of life.

While we maintain an ear to heaven, we also listen to the hearts of those who require assistance upon Earth. We seek to make the gold mine of ascended-master teachings readily available through various avenues of media, as well as conferences, pilgrimages, seminars, Meru University classes, and heartstreaming sessions held the world around.

Cooperating with the ecology of this planet is of great importance to us, for we are one with it, and our physical and spiritual health depend on its sustenance. To that end, many of us practice permaculture, which we promote through hands-on classes at some of our conferences. We also encourage such practices as yoga, tai chi, qigong, foot zone balance

(reflexology), holistic medicine, and the mindful eating of healthy foods, and we support golden-age concepts of economics and sustainable energy. We envision a renaissance of beauty and culture capable of transforming lives and moving Earth closer to her original divine blueprint.

## Ushering in the Golden-Crystal Age of Aquarius

The ascended masters tell us that with the dawning of the Age of Aquarius, Earth has the opportunity to create a golden-crystal age. At the very center of this transition are Saint Germain, the avatar of the

**H**earthstreaming sessions are dynamic group meditations that create a synergistic communion of hearts attuned with the angels and ascended beings, through which problems can be solved and solutions to diverse personal and planetary issues can be found.

To learn more about the ascended masters, see our free booklet  
*Who Are the Ascended Masters?*

Aquarian Age, and his divine complement, Portia. To make their mission a reality and prepare for this shift, The Hearts Center freely shares the masters' alchemical tools to assist lightbearers to personally manifest the spiritual change that they desire to see on Earth.

An essential element in this process is the invocation of the violet-joy flame—Saint Germain's energetic gift for spiritual transmutation—whose power engenders forgiveness, mercy, and freedom. As we, one by one, apply the violet fire and light daily and study the masters' teachings on sacred alchemy, we transmute the lead of our lower nature into the gold of our divine Selfhood—and, in turn, help to transform the world.

## Our Worldwide Community

**H**earts Centers around the globe are vibrant communities of joyous companionship and love, where we collectively invoke divine light to transform our lives and our planet. We embrace the truths found in the mystical paths of all religions and are not bound by doctrine and dogma. In that spirit, all sincere seekers are welcome to join in our services, activities, educational programs, and community fellowship, regardless of their beliefs or spiritual affiliation; we have no membership. Our hand of heartfelt friendship is extended to one and all.

At Hearts Centers, heaven touches earth, and hearts connect the world around. Our beloved masters engage with us in holy exchanges of love-wisdom fires through their teachings, HeartStreams, and sacred darshan, and our cup overflows with gratitude as we live in the reality of this cosmic interchange. Our greatest joy and deepest desire is to share this opportunity with all who seek spiritual freedom.



**H**earthStreams are up-to-the-minute messages and teachings from the ascended masters through their anointed messengers in The Hearts Center movement. To learn more, see our free booklet *What Are HeartStreams—Dictations, Discourses and Darshans? What Is Heartstreaming?*

## Hearts Center Offerings:

- ◆ *Timely revelation, inspiration, and teaching for today from the ascended masters*
- ◆ *A heart-based, supportive community, sharing spiritual practices to accelerate each one's path*
- ◆ *Free daily, live broadcast services of meditation, prayer, song, and teaching*
- ◆ *Quarterly conferences*

- ◆ *Pilgrimages to sacred sites worldwide*
- ◆ *Live, webinar, and on-demand courses at Meru University*
- ◆ *Lively discussions and book studies in local Heartfriends Groups*
- ◆ *A library of nearly 6,000 messages from the ascended masters on our website*

## **Free Daily Online Prayer Services**

**A**s a virtual community, we broadcast free daily prayer services that include meditation, exercise, devotional singing, the giving of mantras and spoken prayers, personal sharing, and teachings from the ascended masters.

Decrees are poetic spoken prayers that invoke the light-energy of God through our beings. Their rhyming pattern facilitates memorization and repetition, generating a buildup of divine energy within our chakras and auras and producing positive change in both us and the world.

You may check out our spoken prayers and songs

for free on our website in audio and written format. Many are also available as videos and on DVDs and CDs, which can be purchased through our online store.

## **Meru University**

**M**eru University supports the advancement of spiritual seekers on the path of adeptship, initiation, and personal enlightenment through the love-wisdom teachings of the ascended masters. We offer online and on-demand courses, workshops, and webinars on a vast array of spiritual topics and divine sciences, including studies on the human aura, alchemy, meditation, solar health, abundance, conscious language, Ho'oponopono, healing, and more.

The university assists students with the spiritual development of the soul, providing them with an understanding of the ancient and modern teachings of East and West, brought to life by up-to-date commentary from the ascended masters. Our programs are an opportunity for learners to walk and talk with the ascended masters daily, and they also prepare students to become spiritual leaders, teachers, and ambassadors of divine love-wisdom to the world. The mission

of the university is to inspire, enlighten, and empower.

## Meru Press

**M**eru Press publishes the words of the ascended masters in books and other publications for Meru University and The Hearts Center. Our publications, compiled by David Christopher Lewis, include:

- ◆ ***Saint Germain on Advanced Alchemy:***  
*HeartStreaming in the Aquarian Age*
- ◆ ***Advanced Studies of the Human Aura:***  
*How to Charge Your Energy Field  
with Light and Spiritual Radiance*
- ◆ ***Mother Mary's Missions:***  
*Messages from the Divine Mother*
- ◆ ***Now, Zen and Always:***  
*El Morya's Treasury of Spiritual Quips*
- ◆ ***Living a Soulful Life:*** *Afra's New Teaching  
on Love, Brotherhood, and Freedom*
- ◆ ***Light on the Path:*** *Inspiration for Each Day of  
the Year*

## 24/7 Hearts Center Radio


**T**he Hearts Center Radio offers a continuous stream of dynamic prayers, singing, music, teachings, and HeartStreams, available 24 hours a day, 7 days a week. The program can be launched from our home page on your computer or mobile device. When you keep the radio playing in the background throughout the day, you fill the ethers with these offerings.

## Holy Spirit Soul-Raising Sessions

**I**n 2016, the Holy Spirit—the feminine aspect of the Godhead, the Spirit of Truth, and the Comforter—initiated a dispensation of healing grace through The Hearts Center movement. In communion with the Holy Spirit, David Christopher Lewis now conducts Soul-Raising Sessions, which consist of chakra alignment, aura cleansings, soul readings, and wave blessings. The messages and direct teaching from The Holy Spirit are uniquely personal for each individual. They encourage and inspire seekers and allow them to see more clearly God's vision of their lifestream.

The tremendous power of the release of light

through the agency of the Holy Spirit may consume records of certain ancient karmic and psychological patterns that go back lifetimes. The alchemical blessing clears the aura and aligns the chakras, radiates healing love, and frees soul memories. All who have partaken of this offering have remarked on the life-altering impact of these blessings, which are offered through our website and during our events and expos.

**J**oin us for broadcasts, classes, courses, and events to experience dynamic light initiations from the masters! Be a focal point for their unique blessings to all life, and take part in creating a new era of peace and freedom. 

*Join us for free daily  
broadcast prayer services,  
quarterly events, teleconferences,  
free 24/7 radio,  
and a searchable library  
of over 5,000 ascended-master  
HeartStreams.*

*Find our publications  
and many other offerings  
at our store at  
[www.HeartsCenter.org](http://www.HeartsCenter.org)*

*Attend our live and online  
Meru University courses at  
[www.MeruUniversity.org](http://www.MeruUniversity.org)*

## BOOKLETS IN THIS SERIES

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*The Mission & Vision of a New Spiritual Community*

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### **What Is the Ascension?**

*The Mystery of Enlightenment & Self-Realization Solved*

### **What Are HeartStreams?**

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### **What Is Heartstreaming?**

**The Power of Positive Spoken (and Sung)**

**Prayers, Decrees, Affirmations & Chants**

**The Alchemy of the Violet-Laser Light,**

**Ho'oponopono & Radical Forgiveness**

**What Are the Seven Rainbow Rays**

**& the Five Crystal (Secret) Rays?**

**How to Fulfill Your Divine Plan—**

*Your Sacred Mission, Your Dharma*

**New Age Devotional Rosaries**

*to Broadcast Divine Love & Light to All*

**Solar Sciences of the Spirit**

*Solar Meditation, Solar Gazing, Solar Health Practices*

**The Magic of Tithing**

*The Alchemy of Abundance through Gratitude & Givingness*

**What Is a Messenger?**

*Holy Spirit Empowered Amanuensis vs. Psychic Channeler*